



Percentage of C-section deliveries out of total births in KSA reaches 35% during 2023

The Women Health and Reproductive Care Survey presents a comprehensive analysis of maternal healthcare trends in Saudi Arabia. The survey revealed significant findings regarding childbirth methods, health coverage, and family planning practices. In 2023, 34.6% of total births in the country were C-section deliveries, indicating a substantial shift in birth practices, while normal deliveries constituted 64.9% of births. Prenatal care was prominent, with 88.8% of women visiting licensed healthcare providers at least four times before delivery. Skilled attendance during childbirth was remarkably high at 99.8%, ensuring safe deliveries. Financially, 26.3% of health costs during pregnancy and childbirth were covered by private insurance, while 13.5% were paid in cash or by credit card. Moreover, 53.6% of married women of reproductive age met their family planning needs through modern methods.

99.7% of mothers visit health care provider at least once before giving birth

Figure1. Percentage of mothers who visit a health care provider before giving birth

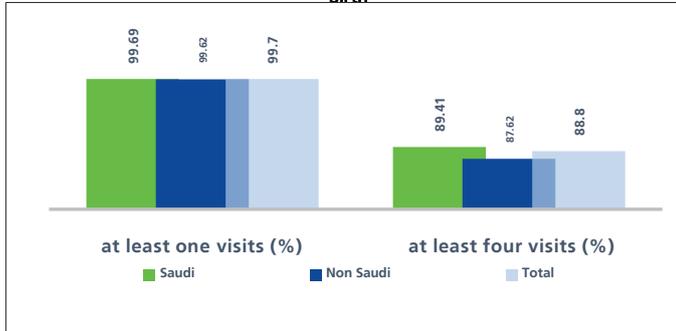
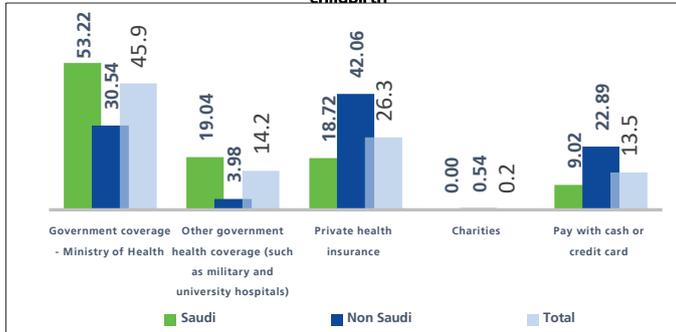


Figure2. Percentage of mothers by type of health coverage during pregnancy and childbirth



99.8% of births attended by skilled health personnel

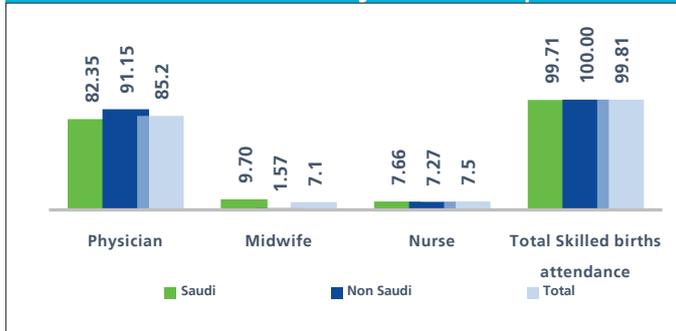
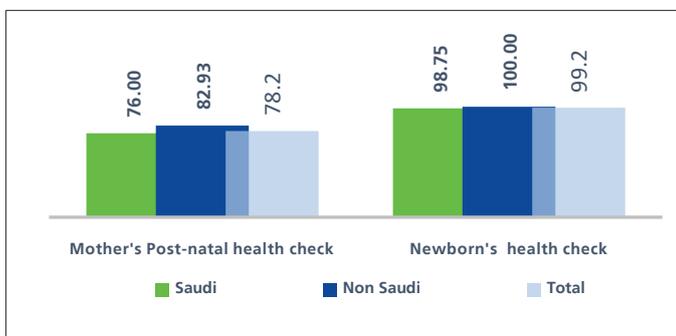


Figure4. Percentage of women receiving postpartum check-ups within two days after the birth of the last child



56.9% of mothers breastfeed their children exclusively during first hour of birth

Figure5. Percentage of feeding type during the first two years after birth

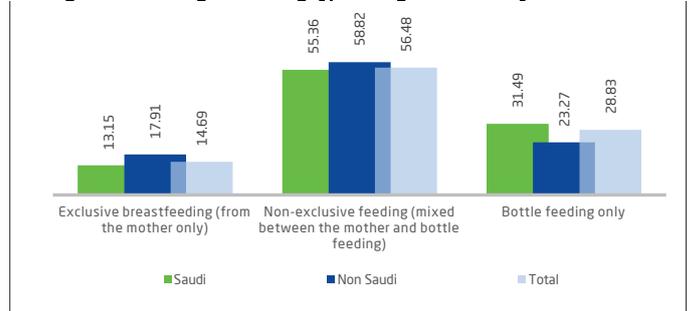
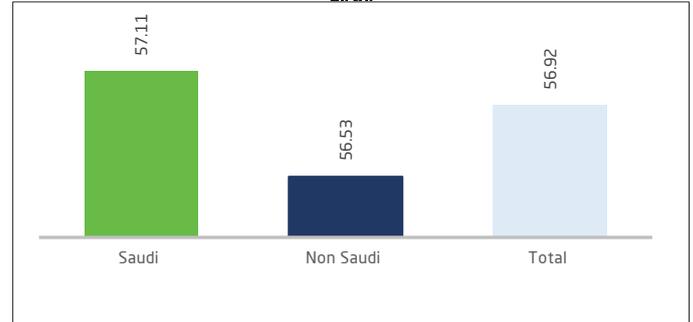


Figure6. Percentage of mothers who breastfeed their children within an hour after birth.



54% Percentage of married women of reproductive age who have their need for family planning satisfied with modern methods

Figure7. Percentage of married women who are currently using any method of family planning

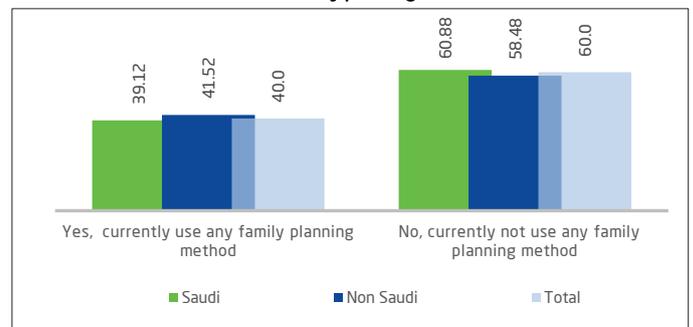
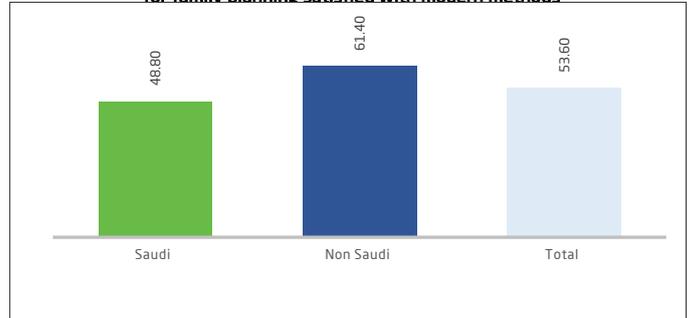


Figure8. Percentage of married women of reproductive age who have their need for family planning satisfied with modern methods



Source: [Tables](#).

Reference Metadata

Information was collected in the Women Health and Reproductive Care Survey 2023 in two stages: the first is the "telephone contact" stage (CATI), and the second is the "electronic link" stage (CAWI), where data was collected from a sample of women of fertile age (15-49 years) to represent all individuals in all administrative regions of the Kingdom. The survey sample was selected by identifying 51,720 women as a selected and representative sample of the survey community at the level of the Kingdom, distributed by administrative regions. The publication includes several sections, namely: (reproductive health, maternal health, health care for pregnant women, postpartum health care and family planning. For more details about the methodology, click here: [Reference Metadata](#)